

Santa Rosa Senior Dining Site Activities - October 2017

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|--|--|
| <p>2</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 1, 3) Bingo 5, 7) Bingo, Games</p> | <p>3</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 5) Games, Movie, Yoga 7) Tai Chi</p> | <p>4</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 6) Bingo</p> | <p>5</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 1) Bingo 3) Exercise 4) Games 7) Tai Chi</p> | <p>6</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 1, 4) Games 7) Games, Puzzles</p> |
| <p>9</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 1, 3) Bingo 5, 7) Bingo, Games</p>  <p>Columbus Day</p> | <p>10</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 5) Games, Movie, Yoga 7) Tai Chi</p> <p>SERVICE PROVIDER FAIR FBC / Milton 9-12:00</p> | <p>11</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 3) Crafts w/ Margaret 6) Bingo 7) Speaker: SCP/FGP</p> | <p>12</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 1) Bingo 3) Exercise 4) Games 7) Tai Chi</p> | <p>13</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 3) Bingo, Puzzles 4) Games 7) Games, Exercise</p> |
| <p>16</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 1, 3) Bingo 5, 7) Bingo, Games</p> | <p>17</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 5) Speaker: AAA 7) Tai Chi</p> | <p>18</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 3) Bingo 5) Bingo, Games 6) Trivia, Yoga for Mobility 7) Games</p> | <p>19</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 1) Bingo 3) Exercise 4) Games 7) Tai Chi</p> | <p>20</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 3) Bingo, Puzzles, Clothing Exchange 4) Games 7) Games, Exercise</p> |
| <p>23</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1, 3, 7) Reading 1, 3) Bingo 6) Games 7) Bingo</p> | <p>24</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1, 3, 7) Reading 4) Exercise 5) Speaker: Scams 7) Tai Chi</p> | <p>25</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1, 3, 7) Reading 1) Speaker: Scams 3) Bingo 4) Speaker: COA Services 5) Bingo 7) Speaker: Fall Prevention</p> | <p>26</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 1) Bingo 3) Bingo, Exercise 4) Games 7) Tai Chi</p> | <p>27</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 3) Bingo, Puzzles 1, 4) Games</p> |
| <p>30</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 6) Games 7) Bingo</p> | <p>31</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1) Bingo 3) Halloween Party 6) Games, Costume Party 7) Bingo, Tai Chi</p> |  |  <p>Corporation for NATIONAL & COMMUNITY SERVICE</p> |  <p>Northwest Florida Area Agency on Aging, Inc. "Improving the quality of life for elders" since 1979</p>  <p>DEPARTMENT OF ELDER AFFAIRS STATE OF FLORIDA</p> |

SANTA ROSA COUNTY

Site 1

Christ United Methodist Church
5983 Dogwood St.
Milton, FL 32570
(850) 983-4590

Site 3

Chumuckla Community Center
2355 Hwy 182 West
(850) 994-8811

Site 4

First United Methodist Church of Pace
4540 Chumuckla Hwy
Pace, FL 32571
(850) 995-3795

Site 5

E.H. Pullum Senior Center
8476 Gordon Goodin Ln.
Navarre, FL 32566
Open Monday - Thursday
(850) 936-1644

Site 6

Jay Community Center
5259 Booker Ln.
Jay, FL 32565
(850) 675-0810

Site 7

Bagdad Community Center
6860 Pooley St.
Bagdad, FL 32530
(850) 983-4500

CAREGIVER SUPPORT GROUPS

Century

October 19th at 6:00 PM
Century Care Center
6020 Industrial Blvd.

Pensacola

Alzheimer's Family Services
October 16th at 2:30 PM
875 Royce St.

Jessica at (850) 266-2503 to arrange onsite respite.

October 26th at 6:00 PM
Council on Aging of West FL
875 Royce St.

October 26th at 9:00 AM
Myrtle Grove Baptist Church
5920 Lillian Hwy.

Grandparents Raising Grandchildren

October 12th at 6:00 PM
Council On Aging of West Florida
875 Royce St.

Pensacola, FL
Reservations Required
432-1475

October 5th at 8:30 AM
Holly – Navarre
Intermediate School
1936 Navarre School Rd

